ABSTRACT OF THE DISCLOSURE

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A method of stuffing natural casings with emulsion involves placing a follower against an upstream end of the natural casing to slide the natural casing forwardly along a hollow meat stuffing tube. The follower is mounted on the stuffing tube and advances the natural casing towards a discharge end of the stuffing tube, where sausage emulsion is injected into the natural casing. The follower pushes the filled casing through a hollow conical-shaped restricting device adjacent the discharge end which limits the outer diameter of the filled natural casing to ensure the uniform shape of the casing as it enters the twisting mechanism. The follower is connected to a longitudinally movable shaft that is parallel to the stuffing tube. A machine includes the foregoing components to accomplish this method.